

# Rice-Pudding (Kheer)



## Ingredients:

2 litres milk, ½ cup rice, 1½ cups sugar, 300ml fresh cream, 4-5 whole cardamoms, 200g chopped pistachio nuts, Raspberries or strawberries (optional)

## Method:

Boil the milk, cream, cardamoms and ¼ cup pistachio nuts on medium heat.

Separately, Crush the rice to make a powder.

Add the rice to the milk mixture and stir continuously till thick.

Garnish with the remaining pistachio nuts and serve cold. Serves 8.